

Glycemic Index Research Unit, Temasek Analytical Services Facility East Wing Block 1A-01-83 21 Tampines Avenue 1 Singapore 529757

Accredited Facility by Singapore Accreditation Council (SAC) to conduct Functional Food Testing - Glycemic Index Testing SAC ACCREDITED FACILITY Cert No:FFT-2010-0001-A

# GLYCEMIC INDEX TEST RESULT

FRESH MILK VANILLA ICE CREAM (G19-28E)

The glycemic index (GI) value of the Fresh Milk Vanilla Ice Cream (G19-28E) tested as per ISO 26642:2010 GI testing methodology is LOW (16.0 ± 3.15)

Client Information:

Dr Elgin Tan Better 4U Holdings Pte Ltd 15 Jalan Tepong #01-08 Jurona Food Hub Singapore 619336

E-mail

Report submitted: 24/05/2019 Report No.: TASF GIRU R472/2019

Glycemic Index Research Unit Verified by:

Kalpana Bhaskaran Head/Glycemic Index Research Unit

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Singapore Accreditation Council's Accreditation



### DISCLAIMER

In-vivo glycemic index testing has been conducted at Glycemic Index Research Unit (GIRU) with due diligence as per the accredited methodology to ensure the accuracy of the results provided in this report. However, the results of glycemic response tests in human subjects are subject to biological variability, different processing conditions, batch to batch variations and changes to product formulation.



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## **GLYCEMIC INDEX TEST RESULT**

MILK CHOCOLATE ICE CREAM (G19-27E)

The glycemic index (GI) value of the Milk Chocolate Ice Cream (G19-27E) tested as per ISO 26642:2010 GI testing methodology is LOW (18.0 ± 2.71)

## Client Information:

Dr Elgin Tan Better 4U Holdings Pte Ltd 15 Jalan Tepong #01-08 Jurona Food Hub Singapore 619336

E-mail:

Report submitted: 13/05/2019 Report No.: TASF\_GIRU\_R470/2019



Verified by: Kalpana Bhaskaran Head/Glycemic Index Research Unit



The results reported herein have been performed in accordance with the lahoratory's terms of Singapore Accreditation Council's Accreditation

Glycemic Index

#### DISCL AIMER

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